

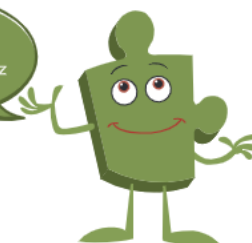
Relationships

Year 5 Term 5

I should already know...

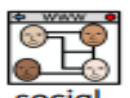
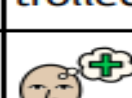
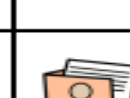
- and how to use some strategies for keeping myself safe online
- who to ask for help if I am worried or concerned about anything online

Hello
I'm Jigsaw Jez



We will learn ...

- How to keep building my own self esteem.
- To recognise when an online community feels unsafe or uncomfortable.
- To recognise when an online community is helpful or unhelpful to me.
- To recognise when an online game is becoming unhelpful or unsafe.
- To identify things I can do to reduce screen time, so my health isn't affected.
- To recognise and resist pressures to use technology in ways that may be risky or may cause harm to myself or others.

 Characteristics	 personal	 attributes	 self-esteem	 responsibility	 age-limit
 social network	 community	 on-line	 off-line	 rights	 risky
 violence	 appropriate	 grooming	 trolled	 gambling	 trustworthy
 device	 screen time	 social	 mental health	 physical health	 personal information
 safe on-line	 choices	 vulnerable			